

TITLE: Trust Like Jesus

OPENING QUESTION: Who is the one person in your life, aside from Jesus, that you trust the most and why? How easy is it for you to trust others?

Trusting Jesus When You Don't See Hope Right Now

Pastor Darius talked about the Nature of Trust. He mentioned that it is one of the hardest things for us to deal with because it puts us in a position where we don't have control.

Proverbs 16:9 - "In their hearts humans plan their course, but the Lord establishes their steps."

QUESTION: On a scale of 1-10, how high is your need to control circumstances in your life? Is this, or has it been, an issue in your life and with your relationships? If it's an issue, are you willing to stretch yourself in this area and trust Jesus more?

I AM TRUSTING JESUS WITH: _____

QUESTION: How did you fill in that blank? Are you able to see the Joy in that situation or are you too filled with anger, frustration, or grief right now? What can you do to turn the negative into positive anticipation?

Matthew 7:7-8 - "Ask, and it will be given to you; seek, and you will find; knock and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened."

Jesus models this for us in Luke 22:39-44:

And he came out and went, as was His habit, to the Mount of Olives; and the disciples also followed Him. Now when He arrived at the place, He said to them, "Pray that you do not come into temptation." And He withdrew from them about a stone's throw, and He knelt down and *began* to pray, saying "Father, if You are willing, remove this cup from Me . . .

ASK: Bring Honest Surrender to God.

QUESTION: Pastor Darius talked about how it is okay to be honest with God about our pain because God can handle our raw honesty. Many of the Psalms are Psalms of lament where David speaks to God about his pain, frustration, and even anger. How does that feel to you? Do you struggle bringing those kinds of emotions to God in prayer? If so, why? What Psalm could you use as the basis for your prayer in this regard?



... yet not My will, but Yours be done."

SEEK: Seek the Father's Heart over Your Own Comfort.

QUESTION: Pastor Darius stated that through this prayer, Jesus demonstrated His trust in the Father's character more than His own temporary relief or comfort. Be honest, how important is your personal comfort in your life right now? How willing would you be to do something difficult if the Lord asked it of you? Again, on a scale of 1-10, where do you rate your willingness to sacrifice for the Kingdom?

Now an angel from heaven appeared to Him, strengthening Him. And being in agony, He was praying very fervently; and His sweat became like drops of blood, falling down upon the ground.

When Jesus got up from that prayer, He didn't run away, He stepped forward to the cross!!!

KNOCK: We Take the Next Faithful Step.

1. We KNOCK by bringing our honest surrender to the door.
2. We KNOCK by choosing trust over control.
3. We KNOCK by taking the next faithful step.

QUESTION: How often have you tried to control something only to feel the Holy Spirit nudging you to let go of control and give it up to God? What was the outcome?

CLOSING QUESTIONS:

QUESTION: If you are struggling with trusting God, this week challenge yourself to follow the three steps above with whatever issue is on your heart. The following Scriptures can be used as the basis for your prayer:

Surrender: Matthew 16:24; Proverbs 3:5-6; Philippians 2:13

Trust: Psalm 37:5; Isaiah 55:8-9; Jeremiah 29:11

Faithful Step: Isaiah 41:10; Psalm 37:23-24; Psalm 119:105

