



TITLE: *Marriage Life Hacks*



OPENING QUESTION: If you could have *one superpower* to help you in your relationships (besides God's power!), what would it be and why?

Ephesians 1:19-20– How tremendous is the power available to us who believe in God ... the same power demonstrated when Christ was raised from the dead.

3 Healthy Relationship Hacker Jackers:

- Unexpected DIFFERENCES
- Unmet NEEDS
- Unforgiven MISTAKES

QUESTION: What did you think of the common “unmet” needs?

QUESTION: Have you experienced them before?

QUESTION: Which ones have affected your love relationships the most?



A “GOD SCALE” OF STRENGTH FOR MARRIAGE:

0-1-2-3-4-5-6-7-8-9-10



QUESTION: If you are married, have you thought about the strength of God in your marriage?

QUESTION: How did you score yourself? Was it different than your spouse? Why?

QUESTION: If you got divorced, was your previous marriage a “Godly Marriage” that understood this healthy scale?



MARRIAGE HACKS FOR HEALTHY FAMILIES:



Colossians 3:10– Put on your new nature, and be renewed as you learn to know your Creator and become like him.

Discover God's Power To Understand THE DEPTH Of My Spouse's DIFFERENCES.

I Corinthians 2:11– No one can really know what anyone else is thinking or what he is really like, except that person himself.



1 Peter 3:7– You husbands should try to understand the wife you live with ...

Proverbs 24:3– Homes are built on the foundation of wisdom and understanding.

James 1:5– If you lack wisdom, you should ask God who gives generously to all ...

QUESTION: What is a characteristic of your spouse or a loved one that was/ is different that you have had to learn to “fathom”? Why and how did you decide to “fathom” that difference?

Discover God’s Power to FULFILL My Spouse's NEEDS.

1 Corinthians. 7:3– The man should fulfill his duty as a husband and the woman should fulfill her duty as a wife, and each should satisfy the other's needs.

Philippians 2:4– Look out for each other's interests, not just for your own.

Philippians 2:13– God, who is at work within you, will give you the will and the power to achieve his purpose.

QUESTION: Not only do we “fathom” but we fulfill. What is something you have done to fulfill a need of your spouse?

Discover God’s Power to FORGIVE My Spouse's MISTAKES.

Proverbs 21:19– It is better to dwell in a desert than with a quarrelsome and nagging wife.

Ephesians 4:31– Let there be no more bitter resentment or anger, no more shouting or slander, and let there be no bad feelings of any kind among you.

Colossians 3:13– Be gentle and ready to forgive; never hold grudges. Remember the Lord forgave you, so you must forgive others.

QUESTION: How have you seen unforgiveness keeping records of wrongs, and bitterness affect your love relationships?

QUESTION: In what ways might God’s help be essential when it comes to forgiving someone in a love relationship?

QUESTION: What are you waiting on to draw on that power?



CLOSING QUESTIONS:

QUESTION: Ephesians 1:19-20 reminds us that the same power that raised Christ is available to us—what’s one practical way you can draw on that power to handle differences, needs, or mistakes in your relationships this week?

QUESTION: On the “God Scale of Strength” (0–10), what specific step could you take this week to move even one number higher in relying on God’s strength for your marriage or close relationships?