GROUPS
Weekly Message Study Guide

TITLE: ***It Had To Be Said: "Take and eat; this is my body."***

- ➢ **OPENING QUESTION:** If you could have dinner with any historical figure, who would it be and what would you ask them?

Matthew 26:27-28– Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins.

WHEN WE RECEIVE COMMUNION, WE SEE GOD'S:

PURPOSE

John 10:18– "No one can kill Me without My consent. I lay down My life voluntarily for I have the right and the power to lay it down when I want to and also the right and the power to take it again. For the Father has given Me this right."

John 12:27 – "Now My soul is troubled and distressed, and what shall I say? Father, save Me from this hour of trial and agony? But it was for this very purpose that I have come to this hour!"

- ➢ **QUESTION:** What does Jesus' willingness to endure agony teach us about how He viewed His mission?

John 12:47– "'I did not come to judge the world, but to save it.'"

Philippians 2:6-10– Christ was truly God. But…He gave up everything and became a slave, when He became like one of us…and even died on a cross. Then God gave Christ the highest place and honored His name above all others. So at the name of Jesus everyone will bow down, those in heaven, on earth, and under the earth.

PASSION

Romans 5:5 & 8– When we were utterly helpless, Christ came at just the right time and died for us sinners… God showed His great love for us by sending Christ to die for us.

Ephesians 1:7– Christ sacrificed His life's blood to set us free, which means that our sins are now forgiven. Christ did this because of God's amazing grace.

- ➢ **QUESTION:** What does this verse teach us about the connection between grace and sacrifice?

Hebrews 2:10– Everything belongs to God, and all things were created by His power. So God did the right thing when He made Jesus perfect through suffering, as Jesus led many of God's children to be saved and to share in His glory.

- **Passion For PROPITIATION**

Hebrews 9:11-14– But when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all

into the holy places, not by means of the blood of goats and calves but by means of his own blood, thus securing an eternal redemption. For if the blood of goats and bulls, and the sprinkling of defiled persons with the ashes of a heifer, sanctify for the purification of the flesh, how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to serve the living God.

- ➢ **QUESTION:** What does it mean for Christ's blood to "purify our conscience," and how should that impact the way we live and serve God?

POWER

Acts 1:3– He showed Himself alive to them after His Passion by many demonstrations: for forty days He continued to appear to them and tell them about the kingdom of God.

Romans 1:4– By being raised from the dead He proved He was the mighty Son of God, with the nature of God Himself.

Ephesians 1:19-20– I pray that you will begin to understand how incredibly great His power is to help those who believe Him. It is that same mighty power that raised Christ from the dead.

- ➢ **QUESTION:** What does it mean to live daily with access to the same power that raised Jesus from the dead?

HOW SHOULD I RESPOND IN MY DAILY LIFE TO WHAT JESUS DID?

I Ought To LOVE JESUS.

1 John 4:19– We love because He first loved us.

- ➢ **QUESTION:** How does reflecting on Christ's love increase your capacity to love others?

I Ought To HATE SIN.

Romans 6:6– Our old life died with Christ on the cross so that our sinful selves would have no power over us and we'd no longer be slaves to sin.

- ➢ **QUESTION:** How can remembering your death to sin with Christ change your attitude toward temptation?

I Ought To TELL OTHERS.

2 Corinthians 5:19– God was in Christ, reconciling the world to Himself, no longer counting people's sins against them. This is the wonderful message He has given us to tell others.

- ➢ **QUESTION:** What holds you back from sharing this message, and how can you overcome it?

CLOSING QUESTIONS:

- ➢ **QUESTION:** What is one specific way you can express your love for Jesus this week in response to His sacrifice?
- ➢ **QUESTION:** Who is one person you can share the message of forgiveness and redemption with in the next few days, and how will you start that conversation?