



➡ 3 Proactive Steps to take in your Group to help reduce the risk of Covid exposure.

- Please keep a clean and safe environment for your guests. If you are using the church, please follow the guidelines with specific instruction for use of the facilities.
- Provide enough seating and space for sufficient social distancing at your Group.
- Masks not required in Groups, but are certainly welcomed for those who choose to wear one.

➡ 3 Response Steps to take in your Group if someone contracts Covid (or is exposed.)

- If you have any symptom - please do not come to your Group that week. (Even if you assume it's just a cold or allergies, please exercise an abundance of caution and stay home.)
 - *Symptoms include: Fever or chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Congestion or runny nose, Nausea or vomiting, and/or Diarrhea.*
- If you have been exposed to someone with Covid, please exercise caution and do not come to your Group that week.
- If you have contracted Covid, please wait until you have been at least 24 hours symptom free (without medication) before resuming attendance at Groups.